ESSENTIALS

- Pocketknife
- Whistle
- First-aid Kit
- Water Bottles (2 minimum FULL)
- Small Flashlight
- In Matches
- Bug spray
- Sun Protection (skin AND eyes)
- Map & Compass
- Bear bag w/ Rope (for food and smellables)

CLOTHING

- Long sleeve shirts (At least one)
- T-shirts or short-sleeved shirts (Class B plus extra as per trip length)
- Field Uniform Scout Shirt w/ neckerchief/slide
- □ Long pants (a pair)
- □ Shorts (a couple pair)
- □ Long underwear (use best judgment)
- Underwear (extra pairs wouldn't hurt)
- Socks (a couple pair extra wouldn't hurt & should also include some long wool ones too)
- Hiking boots/shoes
- Camp Shoes (moccasins)
- Warm jacket
- Ballcap
- Winter Hat
- Gloves
- Bandana(s)
- Rain Gear

SLEEPING SYSTEM

- Sleeping Bag
- Fleece Blanket
- □ Pillow
- □ Foam pad / Sleeping mattress
- Tent w/ poles, stakes & guy lines & rain fly
- Ground cloth

COOKING/EATING/DRINKING

- Cooking Stove/Fuel
- Plate/Bowl/Cup
- □ Knife/Fork/Spoon
- Cooking Utensils
- Cleaning Essentials (Sponge, Biodegradable soap, Drying towel)

Personal Items

- Lip Balm
- 🗆 Soap
- Toothbrush / Tooth paste
- Towel
- Washcloth / Wet wipes
- Toilet Paper (Keep in Zip Lock Bag)
- Identification (If you have one)
- Scout Handbook
- Notepad
- Pen/Pencil
- Work Gloves

Keep in mind the weight of your pack when packing the above items.

- Clothing low-6.5 high-9.5 Personal Gear low-9.9 high-17.5 Tent Mate Gear low-3.1 high-4.1 Troop Gear (12 hikers) low-3.1 high-3.1 Optional Items low-0 high-6.0
- Total Pack Weight *before food and water* low-22.6 pounds high-40.2 pounds

It is a good idea to pack clothes needed on a daily basis in a zip lock bag to prevent them from getting wet. Use the one-gallon bags and label them for which day. The bags can then be used either to pack out trash, or to put soiled clothes in just to name a few ideas.

The above items are not the only items that you may need, please make additions as discussed during the preparation of the event at the Troop meeting.